

Empower Period Agent of Change Role Description



**EMPOWER
PERIOD**
transforming period
fear into freedom.

What is an Empower Period Agent of Change?

An Empower Period Agent of Change is a young person who is passionate about ending period poverty and shame in the UK and is enrolled in Irise International's Empower Period Programme that empowers them to lead their community to period freedom through advocacy.

What is the Empower Period Programme?

The Empower Period Programme is a 2 year programme funded by the Act for Change Fund and delivered by Irise International that aims to empower young people in the UK to lead their own advocacy projects to end period shame within their communities, as well as at a national level.

What are the advocacy projects?

The focus, development and delivery of the advocacy projects are to be decided by the Agents of Change themselves. Agents of Change will be encouraged to respond to the needs of their community and develop an advocacy project centred around their period-focused passion.

Who will I be working with?

Irise Advocacy Coordinator, Acushla Young, will be the primary point of contact and support to Agents of Change. Advocacy projects can be led by a single Agent of Change, or a team of Agents of Change - Irise will facilitate advocates who wish to be part of a team project.

What support would I receive from Irise as an Agent of Change?

All Agents of Change will benefit from the Empower Period support plan delivered by Irise. This will include standard and specialised training, workshops with experts, a safe online space

where Agents of Change can interact and support one another, mentorship opportunities (one off and continuous), Empower Period Ambassador support, access to Irise's library of resources and access to the support of the wider Irise network.

For how long can I be an Agent of Change?

The Empower Period Programme began in January 2020 and will continue until January 2022. We recommend that Agents of Change maintain their role for at least 6 months to enable for the fulfilment of their advocacy project. Agents of Change are welcome to utilise all the time available within this two year period to complete their advocacy project.

How can I become an Agent of Change?

If you are aged between 15 and 25, live in the UK, and are passionate about periods, you can apply to become an Empower Period Agent of Change! Simply fill out this application form and our Advocacy Coordinator will get back to you

<https://docs.google.com/forms/d/1InXZs4MgX9oY7GR4oaDSPP6fFnnbrKOS-gXAOB9ouKk/edit>.