



## Friends of Irise

*Are you passionate about girls' rights and gender equality?*

*Do you want to make a difference to lives of girls around the world?*

*Are you interested in training and volunteer opportunities to help you prepare for a career in international development?*

Friends of Irise is a network of student groups supporting the UK registered charity Irise International.

Friends of Irise learn and raise awareness about girls' rights and gender equality issues on campus, fundraise to make a tangible difference to lives of the women and girls Irise works with and take advantage of training and volunteer opportunities designed to inspire the next generation of change makers.

To find out how you can get involved email [info@irise.org.uk](mailto:info@irise.org.uk) making "FOI" the subject of the email.

Irise International works to support the education and empowerment of women and girls in East Africa through keeping girls in school and creating income generating opportunities for marginalised women. We advocate for a better world for all women and girls and amplify their voices in order to inspire change. We know that what we do delivers through integrating elements of public health research into our work. Our mission is a world where all girls can realise their full potential.

Visit [www.irise.org.uk](http://www.irise.org.uk) or [www.facebook.com/irise.int](https://www.facebook.com/irise.int) to find out more.



Friends of Irise National Co-ordinator 2015-2016 attends national celebrations in Uganda while volunteering as a Research Assistant for Irise International (left). Girls from our partner Women in Leadership work with a Friends of Irise volunteer to take photos and write stories about their own lives as part of a fundraising exhibition (right).



Friends of Irise Sheffield say 'Pants to Gender Inequality' at a Fundraising gig (left) and sell jewellery made the women Irise works with (right)



Friends of Irise run a half marathon in their pants to fundraise & raise awareness about how poor access to sanitation facilities during menstruation is holding back adolescent girls around the world (left) Girls in Jinja, Uganda receive washable, reusable sanitary pads and booklets about menstruation and puberty thanks to fundraising efforts (right)

Read about how Caroline became part of the Irise chain of empowerment:

[www.irise.org.uk/blog/buddy-up-so-all-women-and-girls-can-menstruate-with-dignity](http://www.irise.org.uk/blog/buddy-up-so-all-women-and-girls-can-menstruate-with-dignity)

Find out more about how FOI Champion Amelia is changing the lives of women and girls:

[www.irise.org.uk/blog/meet-amelia](http://www.irise.org.uk/blog/meet-amelia)