



www.irise.org.uk

Period Poverty Volunteer

Background

The volunteer will support a 6 month project in partnership with Baytree Centre and Feedback Performance Company which aims to:

- a) empower girls by breaking down menstrual stigma, creating a safe space where their voices can be heard and providing access to the information they need about their own bodies
- b) test model of delivery for menstrual health education that uses creative and drama based approaches to explore the physical, emotional, social and practical aspects of periods.

The project will include six after school workshops with groups of 10-15 participants who will use theatre based, participatory techniques to explore their experiences of menstruation and the social constructs surrounding it. They will create a collaborative piece of work based on their reflections to share with other users of the centre in order to create a space for everyone to ask questions and receive support.

Girls' experiences during the project and its effects on their self-esteem will be captured and shared with others working to improve girls' experiences of menstruation.

The project will serve girls and young women aged 13 to 25 attending the Baytree Centre. The centre engages girls from a variety of backgrounds ranging from British, second and third generation AfroCaribbean heritage, migrants, refugees and asylum seekers in a variety of youth clubs, as well as educational provision for girls that are not in mainstream education. Their service users face multiple barriers to inclusion, including inability to access employment and training opportunities; poverty; isolation; depression; racism and discrimination and a lack of family support and structure.

Responsibilities

The volunteer will:

- Work with the Irise International team to develop the evaluation framework and tools for the project
- Support the development of workshop materials
- Attend the six workshops; support delivery, collection of evaluation data and provide general input as required
- Contribute to the analysis and write-up of evaluation data
- Contribute to the write-up of the final report

We ask all our volunteers to fundraise as part of their placements with us. Period poverty is a neglected issue and it is only through everyone with a passion for the issue raising funds that we have the resources to continue our work to support girls to stay and happy and healthy during their periods. Our lovely team will be on hand to support you and we have lots of exciting events for you to get involved in.

Skills and Experience

- Passionate about creating a world where no girl is held back by her period
- Prior experience working or supporting vulnerable girls or young women



www.irise.org.uk

- Prior experience volunteering or working on the issue of period poverty/menstrual health in the UK or elsewhere is desirable
- Prior experience conducting research or evaluation and writing reports is desirable

Commitment

- 1 afternoon a week from April to September 2019 remote or based in our Sheffield office, including attendance at the 6 workshops on Wednesday afternoons/evenings in Brixton, London in May and June 2019

How to apply

Please send your CV and cover letter explaining why you are interested in the role to emily@irise.org.uk. The deadline for applications is 31st March 2019.